

YMCA KL

E-NEWSLETTER

APRIL - JUNE 2025

EMPOWERING LIVES, INSPIRING CHANGES



Greetings from YMCA Kuala Lumpur!

As we journey through the months of April to June, we are filled with gratitude for the meaningful connections, impactful programs, and vibrant events that have brought our community together. From insightful talks and empowering workshops to soul-refreshing spiritual gatherings, these past three months have been a celebration of growth, learning, and togetherness.

In this edition, we're excited to share the highlights of our recent activities, and keep you updated on everything that will be happening at YMCA KL. Whether you joined us in person or supported from afar, thank you for being a vital part of the YMCA KL family.

Here's a look back at the moments that made the months of April - June memorable.



HIGHLIGTED EVENTS

EASTER SERVICE



This Easter, the YMCA KL community came together in joyful worship to celebrate the resurrection of Christ. The service began with a vibrant praise & worship by the 3rd KL Boys' Brigade, followed by a moving sermon titled "Come, See, He Has Risen" by Rev. M. G. Thanaraj. The message highlighted the miracle of the empty tomb and the enduring hope we have in Christ. It was a spiritually refreshing morning that reignited faith and reminded everyone of God's eternal promise.

FINANCIAL LITERACY WORKSHOP

On 24 May 2025, YMCA KL held a valuable financial literacy session titled "Building a Bridge to Financial Literacy: Master the Do's and Don'ts". Led by Dr. Rajendaran Vairavan, the session drew members of all ages eager to improve their money management skills. With real-world examples and actionable advice, attendees learned essential financial principles, followed by a Q&A session where personal questions were addressed. It was a practical and empowering step toward financial well-being.



CHRISTIAN MEDITATION



On 28 May 2025, the YMCA KL Senior Citizen's Club hosted a meaningful Christian Meditation session led by Fr. Paul Cheong. Participants were guided through moments of stillness, prayer, and deep reflection—creating a calm and comforting space to reconnect with God. The session brought peace to many who face the emotional and spiritual challenges of aging, reminding them that they are never alone in their journey.



HIGHLIGTED EVENTS

ANNUAL GENERAL MEETING 2025

The Annual General Meeting (AGM) of YMCA KL was held successfully, bringing together members, board representatives, and staff to reflect on the past year's achievements and challenges. Highlights included updates on community programs, financial performance, and strategic plans for the year ahead. It was a meaningful opportunity to reaffirm our shared mission and strategise the collective impact we continue to make as a community.



VOLUNTEER'S APPRECIATION NIGHT 2025





The YMCA KL Volunteers Appreciation Night was a heartfelt evening dedicated to recognising the unwavering dedication of our volunteers. Held in a spirit of gratitude and celebration, the event highlighted the invaluable contributions of individuals who have generously given their time and talents throughout the year. Awards were presented across various categories, and the night served as a beautiful reminder that volunteers are the heart of YMCA's mission.



PROGRAMMES & YOUTH

GLOBAL ALTERNATIVE TOURISM NETWORK HUMANITARIAN EXPERIENCE PROGRAMME (GATN - HXP)

GATN - HXP GROUP 1



GATN - HXP GROUP 2



YMCA Kuala Lumpur recently welcomed participants from the Global Alternative Tourism Network – Humanitarian Experience Programme (GATN-HXP), creating a vibrant platform for cultural exchange, learning, and community service. The programme brought together young people from various backgrounds to live, serve, and grow alongside local communities.

During their stay, participants engaged in meaningful volunteer work, shared stories across cultures, and experienced Malaysian hospitality firsthand. More than just a travel experience, the exchange fostered deep friendships and a greater understanding of global citizenship rooted in YMCA's values of care, respect, and social responsibility.

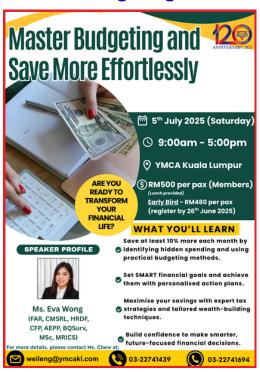
We thank all the volunteers and organisers who made this enriching journey possible!

(Stay tuned for updates and photos from Groups 3 to 5 in our next newsletter!)



UPCOMMING EVENTS / PROGRAMMES

Master Budgeting and Save More Effortlessly



- Want to save more without sacrificing your lifestyle?
 Join us for "Master Budgeting and Save More Effortlessly"
- a full-day workshop designed to help you take control of your finances and build a better future!
- 7 5th July 2025 (Saturday)
- 9:00am 5:00pm
- **YMCA Kuala Lumpur**
- RM500 per pax (YMCA members) Lunch included!
- Early Bird: RM480 (register by 26 June 2025)
- Learn how to save at least 10% monthly
- Set SMART goals with action plans
- ▼ Discover tax and wealth-building strategies
- ☑ Build confidence in your financial decisions
- Featuring: Ms. Eva Wong, licensed financial planner & educator
- 📩 weileng@ymcalkl.com
- **** 03-22741439 / 03-22741694

Wealth Flow Game Workshop



[●] Š Don't miss our upcoming Wealth Flow Game Workshop – an immersive

4-hour session where adults learn to make smart financial decisions through realistic, hands-on money scenarios. Whether you're just starting your financial journey or looking to sharpen your strategy, this workshop is your next step toward financial mastery!

77 Date: 19th July 2025

Time: 9:00AM – 1:00PM

📍 Venue: YMCA Kuala Lumpur

Fee: RM350 (YMCA Members)

🔥 Early Bird: RM320 (Register by 10th July 2025)

🧛 Speaker: Ms. Eva Wong

- → What you'll get:
- Real-world financial insights & strategies
- Confidence to make informed money decisions
- Fun, interactive learning experience
- Tools to work toward lasting financial freedom

For registration or inquiries, contact Ms. Chew at: weileng@ymcakl.com

☎ 03-22741439 / 03-22741694 (WhatsApp).



UPCOMMING EVENTS / PROGRAMMES

Retirement Planning Workshop: Plan for Your Golden Years



Looking to secure your future and achieve peace of mind in your retirement? Join our expert-led Retirement Planning Workshop

- where you'll gain essential financial knowledge!
- 📅 26th July 2025 (Saturday)
- (10:00 AM 6:00 PM
- TYMCA Kuala Lumpur
- RM500 per pax (YMCA Members)
- ★ Early Bird: RM480 (register by 10th July 2025)
- Inclusive of a tea break & lunch
- Led by certified financial planner Ms. Eva Wong
- → What you will learn:
- Create a steady income for retirement.
- Protect your wealth from risks with personalised plans.
- Make a simple and clear estate plan.
- Leave a lasting legacy for your family.
- 🎓 Gain practical knowledge and plan for a secure future. 🎤 Register now! Contact Ms. Chew: weileng@ymcakl.com |

 √ +603-2274 1694 WhatsApp

Holiday Gift Planner Workshop: Fun Financial Literacy for Kids!



Looking for a meaningful and fun activity for your kids this school holiday? Enrol them in our Holiday Gift Planner Workshop-where learning meets creativity and giving!

- 🙎 💿 Ages 7–12
- 6th September 2025 (Saturday)
- 9:00AM 1:00PM
- TYMCA Kuala Lumpur
- RM280 per pax (YMCA Members)
- Early Bird: RM260 (register by 18th August 2025)
- Refreshments included
- 🭢 Led by certified financial planner Ms. Eva Wong
- → What your child will learn:
- Basic financial skills (budgeting & saving)
- ▼The value of money & thoughtful giving
- ✓How to craft special holiday gifts for loved ones
- Confidence in managing money creatively and wisely
- Every participant receives a certificate of participation and walks away with practical knowledge and heartfelt memories. Register now! Contact Ms. Chew:
- weileng@ymcakl.com |
 \$\subset\$+603-2274 1694 WhatsApp



UPCOMMING EVENTS / PROGRAMMES

Retirement Planning for Working Adults: From Paycheck Dependancy to Financial Independence



From Paycheck Dependency to Financial Independence — take charge of your financial future! **

Join Julie Chuah, Practice Director at UOB Kay Hian with 25+ years of experience in Financial Advisory, as she shares strategies to help you retire with clarity, confidence, and security.

- Totale: 16th August 2025 (Saturday)
- Talk Session: 10:30 AM − 12:00 PM
- Q&A Session: 12:00 PM 12:30 PM
- TVenue: YMCA Kuala Lumpur
- \delta Fee: RM5 (Members) | RM10 (Guests)
- * Key Highlights:
- · What does retirement really mean to you?
- · How much is enough?
- · Common shortfalls and how to fix them
- Why diversifying income is essential
- What happens if you can't work—or don't make it—to retirement?
- Register now! Contact Ms. Nirmala at 03-22741439. Seats are limited secure your spot today!



120 ANNIVERSARY EVENTS

YMCA Kuala Lumpur Carnival



In celebration of YMCA KL's 120th Anniversary — United with the Community!

- Toate: 13 & 14 September 2025 (Saturday & Sunday)
- Time: 9:00 AM 6:00 PM Yenue: YMCA Kuala Lumpur
- Exciting Activities Await!
- to Games & fun for the whole family
- @ Community activities & challenges
- Food & drinks stalls
- Getting Here & Parking:
- Parking available at Methodist College, Brickfields
- Near MRT, KTM, LRT & Monorail (KL Sentral)
- Walking distance to YMCA
- Sor more information, contact:

Ms. Nirmala - 03 2274 1439

Ms. Yusnita - 011 234 5510

Come celebrate 120 years of YMCA Kuala Lumpur with us! ?

YMCA of Kuala Lumpur 120th Anniversary Dinner



Join us for an unforgettable evening as we celebrate 120 years of legacy, love & leadership! *

- 🃅 Date: 11 October 2025 (Saturday)
- Time: 6:00 PM 10:00 PM
- The Pearl Kuala Lumpur, Old Klang Road
- 👺 Evening Highlights:
- Inspiring Cultural Performances
- Heartfelt Tributes
- Celebration of Legacy, Impact & Community Spirit
- Joyful Reunions & Fellowship
- Dinner tickets available now at our reception counter.
- RSVP & Sponsorship Enquiries:

Contact Mr. Vincent at 03-2274 1439 to reserve your seat or learn about sponsorship packages.

Let's make this milestone celebration truly memorable together!





120 ANNIVERSARY EVENTS

YMCA MASTER TABLE TENNIS TEAM CHAMPIONSHIP 2025



- Get ready for an epic showdown!

 Join us at YMCA Kuala Lumpur for the Master Table Tennis Team

 Championship 2025

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- 18th 20th October 2025
- **(5)** 9:30 AM
- TYMCA Kuala Lumpur

Come and witness top talents battle it out in a thrilling display of speed, skill, and sportsmanship! **

With all teams locked in and ready to compete, it's time for you to mark your calendars and witness some of the best table tennis action. Expect lightning-speed rallies, precision shots, and fierce team spirit as top players battle for the championship title.

Don't miss your chance to be part of the excitement – join us and cheer them on!